

GROEPSLESROOSTER

Maandag	Dinsdag	Woensdag	Donderdag	Vrijdag	Zaterdag	Zondag
9.30 – 10.30 uur Pump 		09.00 – 10.00 BBB 		09.00 – 10.00 Pump & Core 		10.00 – 11.00 Circuit Training 
			10.00 – 10.30 Circuit training 			
18.45 – 19.00 Buikspieren 		18.45 – 19.00 Buikspieren 		18.45 – 19.00 Buikspieren 		
	19.00 – 20.00 TJ Boxing 	19.00 – 20.00 Pilates 	19.00 – 20.00 TJ Boxing 			
20.00 – 21.00 Fit Body 		20.00 – 21.00 BBB 				

ANYTIME FITNESS

DIEREN

Imboslaan 71, 6951 KA

Anytime Fitness
OUTDOOR

ANYTIME
FITNESS

Let's make HEALTHY HAPPEN